



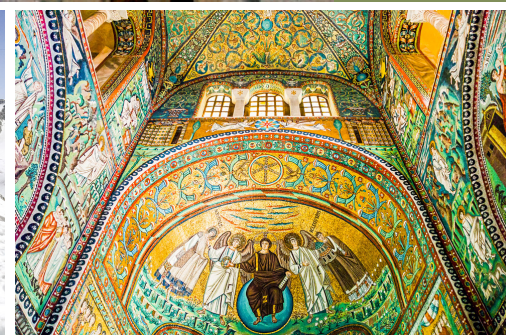
SAVE THE DATE

DATE: Tuesday, 20 November 2018

TIME: From 6pm – 7.30pm

VENUE: Nedlands Golf Club
Melvista Avenue, Nedlands WA 6009

* Scroll down to page 2 for more information about
Hedonistic Hiking



CONTACT US

TEL: (08) 9321 0199

EMAIL: leisure@ellandaletravel.com.au



WALKING UP AN APPETITE FOR ITALY



JACKIE AND MICK PARSONS OF HEDONISTIC HIKING ARE PASSIONATE ABOUT THREE THINGS IN LIFE:

FOOD, WINE AND WALKING

Jackie and Mick Parsons of Hedonistic Hiking have an unusual lifestyle, living half the year close to Bright in northeast Victoria and the other near Siena in Tuscany. They feel very lucky to be able to call both Italy and Australia home.

They lead small-group gourmet hiking holidays in some of the most beautiful parts of Italy and across its borders into France, Austria and Slovenia. Itineraries include Tuscany, Umbria, the Italian Alps and lakes, Piedmont, Friuli, Abruzzo and Basilicata. Some walks are more challenging than others, which is often dictated by the landscape, but they have a clear grading system to help you choose the right walk for you.

Accommodation is selected based on charm, quality and authenticity, and the Parsons always try to support small, family-run hotels, which become great friends and partners to the company over time.

Restaurants are handpicked to showcase the best traditional and regional cooking and the groups eat together at night. After hiking a good distance during the day, guests can enjoy guilt-free indulgence in the evenings and where better to do this than in Italy? What's more, every day the tour manager will visit local markets for fresh produce for picnic lunches, which are eaten alfresco, along with easy-drinking local wines.

The tours start and finish in Italy's major cities with good onward travel connections and the groups are collected from airports and central train stations. Before setting off the walkers are sent comprehensive information about equipment, clothing and tips on packing.

The tours are genuinely all-inclusive with the exception of flights, with prices covering all accommodation, meals, wines, museum visits, cooking classes, wine tastings and time spent with cheese producers or truffle hunters. There is also a support vehicle always on hand so that guests can walk as much or as little as they please, with the exception of some high mountain days with no van access at lunchtimes.

The couple design, research and lead all the tours themselves and are supported by a small team of dedicated colleagues who help to make the holidays memorable and enjoyable.

In Australia they run taster weekends in Victoria's High Country to give guests a chance to whet their appetites for a tour overseas. In 2019 these taster weekends will run between February and April.

For more information, visit www.hedonistichiking.com

